

Heartland Swim Association
Team Records
Short Course

8/Under Girls

8/Under Boys

Event	Name	Time	Year	Name	Time	Year
25 Free	Katie Ratcliff	17.83	2008	Timmy Vail	17.97	2008
50 Free	Hailey Dean	33.3	1997	Joshua Van Norman	32.14	1991
100 Free	Alexandra Ricks	1:13.56	1993	Cary Coleman	1:07.3	1979
200 Free	Alexandra Ricks	2:43.86	1993	Cary Coleman	2:31.29	1979
500 Free	Katie Ratcliff	8:18.07	2009			
25 Back	Phoebe Dillard	19.98	2008			
50 Back	Hailey Dean	41.01	1997	Cary Coleman	38.3	1979
100 Back	Justine Elgas	1:30.89	1996	Cary Coleman	1:27.38	1979
25 Breast	Ruby Carlon	24.63	2006			
50 Breast	Ruby Carlon	43.38	2008	Cary Coleman	38.38	1979
100 Breast	Ruby Carlon	1:30.49	2008	Cary Coleman	1:27.15	1979
25 Fly	Phoebe Dillard	19.97	2008			
50 Fly	Alexandra Ricks	37.4	1992	Joshua Van Norman	36.03	1991
100 Fly	Alexandra Ricks	1:23.48	1993	Joshua Van Norman	1:28.6	1991
100 IM	Johannah Meyer	1:24.98	2006	Cary Coleman	1:17.63	1979
200 IM	Ruby Carlon	3:06.45	2008	Cary Coleman	2:50.6	1979
100 Free Relay				Cary Coleman	1:05.30	1978
				Brand		
				Murphy		
				Finen		
200 Free Relay	Ruby Carlon	2:48.81	2007			
	Ciara Lucas					
	Katlyn Millard					
	Mariah Smith					

9/10 and 10/Under Girls

9/10 and 10/Under Boys

Event	Name	Time	Year	Name	Time	Year
50 Free	Jodie Needles	27.92	1994	Jeffrey Rollins	27.13	1994
100 Free	Jodie Needles	1:00.50	1994	Cary Coleman	1:00.17	1981
200 Free	Shelly Butcher	2:09.02	1982	Cary Coleman	2:06.88	1981
500 Free	Johannah Meyer	6:15.14	2008	Griffin Rizzo	6:24.93	2006
50 Back	Jodie Needles	32.33	1994	Joshua Van Norman	33.18	1993
100 Back	Alicia Quick	1:11.53	1997	Joshua Van Norman	1:11.17	1993
50 Breast	Alicia Quick	34.55	1997	Cary Coleman	34.7	1981
100 Breast	Alicia Quick	1:13.95	1997	Cary Coleman	1:16.04	1981
50 Fly	Michelle Sanks	31.19	1996	Clint McLaughlin	30.42	1995
100 Fly	Michelle Sanks	1:09.77	1996	Joshua Van Norman	1:08.01	1993
100 IM	Alicia Quick	1:08.73	1997	Cary Coleman	1:07.72	1981
200 IM	Alicia Quick	2:23.42	1997	Cary Coleman	2:22.22	1981
200 Free Relay	Vanessa Brown	2:04.99	2008	Thomas Hodgson	2:01.98	2005
	Danielle LaRosa			Paul Rodriguez		
	Amanda Sumrow			Connor King		
	Johannah Meyer			Codi Saunders		
200 Medley Relay	Addie Colgate	2:19.47	1996	Thomas Hodgson	2:06.24	2005
	Kate Thornton			Paul Rodriguez		
	Michelle Sanks			Connor King		
	Julianna Castaneda			Marco Russo		

Heartland Swim Association
Team Records
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11/12 Girls

11/12 Boys

Event	Name	Time	Year	Name	Time	Year
50 Free	Jodie Needles	25.42	1996	Jeff Rollins	24.76	1996
100 Free	Jodie Needles	55.04	1996	Tony Dual	52.46	1990
200 Free	Dee Dee Tower	2:00.90	1977	Jim Bodine	1:53.71	1980
500 Free	Sasha Martin	5:21.45	1986	Jim Bodine	4:57.95	1980
1000 Free	Roslyn Kackman	11:52.03	2008	Marco Russo	11:39.10	2007
1650 Free	Sara Lenhoff	19:38.84	2008	Garrett Glaudini	17:54.79	2008
50 Back	Jodie Needles	29.54	1996	Joshua Van Norman	28.88	1995
100 Back	Julia Toronczak	1:03.90	2009	Joshua Van Norman	1:03.18	1995
200 Back	Sara Lenhoff	2:17.86	2008	Garrett Glaudini	2:20.27	2008
50 Breast	Felicia Castaneda	29.25	1999	Codi Saunders	31.51	2007
100 Breast	Felicia Castaneda	1:04.08	1999	Codi Saunders	1:08.03	2007
200 Breast	Hannah Stevenson	2:39.50	2009	Thomas Hodgson	2:33.21	2007
50 Fly	Katherine Abbott	28:09	2005	Clint McLaughlin	27.49	1997
100 Fly	Aubrey Bailey	1:01.95	2009	Jeff Rollins	1:00.64	1996
200 Fly	Aubrey Bailey	2:16.06	2009	Shawn Howen	2:16.28	2009
100 IM	Alicia Quick	1:01.56	1999	Tony Dual	1:01.05	1990
200 IM	Sasha Martin	2:16.67	1986	Tony Dual	2:11.54	1990
400 IM	Roslyn Kackman	5:01.90	2007	Thomas Hodgson	4:56.69	2007
200 Free Relay	Aubrey Bailey	1:49.14	2009	Joshua Van Norman	1:43.51	1995
	Julia Toronczak			Will McLaughlin		
	Vanessa Brown			Kieran Garcia		
	Emily Rosenthal			Jeff Rollins		
400 Free Relay	Vanessa Brown	3:56.04	2009	Marco Russo	3:54.95	2008
	Julia Toronczak			Griffin Rizzo		
	Emily Rosenthal			Shawn Howen		
	Aubrey Bailey			Garrett Glaudini		
200 Medley Relay	Alicia Quick	1:59.56	1998	Joshua Van Norman	1:59.64	1995
	Felicia Castaneda			Kieran Garcia		
	Michelle Sanks			Jeff Rollins		
	Keri Dole			Dan Meyer		
400 Medley Relay	Alicia Quick	4:23.00	1999	Shawn Howen	4:31.75	2008
	Felicia Castaneda			Garrett Glaudini		
	Hillary Stelmar			Marco Russo		
	Megan Honkanen			Griffin Rizzo		

Heartland Swim Association
Team Records
Short Course

13/14 Girls

13/14 Boys

Event	Name	Time	Year	Name	Time	Year
50 Free	Alison Terry	24.09	1988	Jeff Rollins	22.72	1997
100 Free	Alison Terry	52.03	1988	Jeff Rollins	48.85	1997
200 Free	Shelly Butcher	1:52.76	1986	Mitch Kohlbecker	1:45.27	1989
500 Free	Sasha Martin	4:51.65	1988	Mitch Kohlbecker	4:38.98	1989
1000 Free	Shelly Butcher	9:53.63	1986	Mitch Kohlbecker	9:38.58	1989
1650 Free	Shelly Butcher	16:29.62	1986	Mitch Kohlbecker	16:35.93	1989
50 Back	Sara Lenhoff	30.48	2009	Ben Cornish	30.17	2006
100 Back	Alison Terry	58.55	1988	Joshua Van Norman	57.09	1997
200 Back	Alison Terry	2:08.75	1988	Joshua Van Norman	2:05.88	1997
100 Breast	Felicia Castaneda	1:04.60	2000	Tony Dual	1:02.01	1992
200 Breast	Katy Nye	2:20.72	1991	Codi Saunders	2:14.44	2008
100 Fly	Sandy Barnes	58.96	1980	Jeff Rollins	51.57	1997
200 Fly	Shelly Butcher	2:05.91	1986	Jeff Rollins	1:53.13	1997
200 IM	Shelly Butcher	2:09.77	1986	Tony Dual	2:00.37	1992
400 IM	Shelly Butcher	4:26.50	1986	Roy Berg	4:22.18	1982
200 Free Relay	Lauren Gantzer	1:46.38	2005	Joseph Rizk	1:36.73	2002
	Jeni Frese			Matthew Clements		
	Tess Stevenson			Sean Scenna		
	Breann Stevens			Justin Canty		
400 Free Relay	Alicia Quick	3:47.35	2000	Sean Scenna	3:30.68	2002
	Julianna Castaneda			Matthew Clements		
	Michelle Sanks			Joseph Rizk		
	Felicia Castaneda			Justin Canty		
800 Free Relay	Gina Lucas	8:16.98	2009	Will McLaughlin	7:39.85	1997
	Sara Lenhoff			Kiernan Garcia		
	Lisse Litka-Baughman			Jeff Rollins		
	Roni Meyer			Joshua Van Norman		
200 Medley Relay	Cameron Howard	1:57.02	2000	Jon Carpadakis	1:52.25	1981
	Megan Honkanen			Gary Fortune		
	Keri Dole			Bob Cleary		
	Lauren Crow			Mike Tolman		
400 Medley Relay	Alicia Quick	4:08.75	2000	Joshua Van Norman	4:00.24	1997
	Felicia Castaneda			Kiernan Garcia		
	Lauren Clements			Will McLaughlin		
	Julianna Castaneda			Jeff Rollins		

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Team Records
Short Course

15/16 Girls

15/16 Boys

Event	Name	Time	Year	Name	Time	Year
50 Free	Alison Terry	23.74	1989	Steve Creamer	21.01	1982
100 Free	Alison Terry	50.56	1989	Joe Bruckart	46.73	1998
200 Free	Alison Terry	1:49.62	1989	Joe Bruckart	1:42.67	1998
500 Free	Shelly Butcher	4:48.44	1988	Mitch Kohlbecker	4:31.10	1990
1000 Free	Shelly Butcher	9:51.23	1988	Matt Buckley	9:23.43	1988
1650 Free	Shelly Butcher	16:39.75	1988	Matt Buckley	15:47.71	1988
100 Back	Alison Terry	57.4	1990	Joshua Van Norman	53.94	1998
200 Back	Alison Terry	2:03.29	1989	Joshua Van Norman	1:55.81	1998
100 Breast	Martha Kitch	1:05.54	1980	Mark Erickson	59.46	1996
200 Breast	Rebecca Coplin	2:19.06	1998	Mark Erickson	2:08.03	1996
100 Fly	Alison Terry	56.74	1990	Jeff Rollins	50.40	1999
200 Fly	Shelly Butcher	2:05.91	1988	Jeff Rollins	1:52.19	1998
	Anne Murphy	2:05.91	1988			
200 IM	Alison Terry	2:05.71	1990	Joe Bruckart	1:54.07	1997
400 IM	Shelly Butcher	4:22.60	1988	Joe Bruckart	4:02.18	1997

15-18 Girls Relays

15-18 Boys Relays

Event	Name	Time	Year	Name	Time	Year
200 Free Relay	Madi Lanz	1:45.86	2008	Thomas Faucher	1:28.80	2008
	Jeni Frese			Austin McDaniel		
	Haley Thiltgen			Codi Saunders		
	Emily Clark			Matt Saunders		
400 Free Relay	Asperin	3:37.99	1980	Will McLaughlin	3:16.38	2001
	Martha Kitch			Adam Dole		
	Carolyn Worth			Tim Fuller		
	Stacy Smith			Joshua Van Norman		
800 Free Relay	Carolyn Worth	7:39.04	1983	Adam Dole	7:04.81	2001
	Diana Palma			Joshua Van Norman		
	Hoffman			Clint McLaughlin		
	Asperin			Will McLaughlin		
200 Medley Relay	McNeil	1:52.04	1980	Wiley Hemphill	1:42.57	2008
	Martha Kitch			Ben Cornish		
	Carolyn Worth			Thomas Faucher		
	Stacy Smith			Matt Saunders		
400 Medley Relay	McNeil	4:02.04	1980	Joshua Van Norman	3:33.89	2001
	Martha Kitch			Joey Smithey		
	Carolyn Worth			Will McLaughlin		
	Stacy Smith			Adam Dole		

Heartland Swim Association
Team Records
Short Course

17/18 Girls

17/18 Boys

Event	Name	Time	Year	Name	Time	Year
50 Free	Alison Terry	23.86	1992	Steve Creamer	20.78	1983
100 Free	Stacy Smith	51.93	1978	Joe Bruckart	45.35	1999
200 Free	Carolyn Worth	1:52.84	1983	Joe Bruckart	1:37.87	1999
500 Free	Shelly Butcher	4:51.29	1989	Matt Buckley	4:29.86	1989
1000 Free	Shelly Butcher	9:54.06	1989	Matt Buckley	9:08.94	1989
1650 Free	Shelly Butcher	16:24.94	1989	Matt Buckley	15:25.11	1989
50 Back	Hanna Basler	30.20	2007	Wiley Hemphill	26.66	2008
100 Back	Alison Terry	57.81	1992	Joshua Van Norman	51.83	2001
200 Back	Alison Terry	2:04.12	1992	Joshua Van Norman	1:51.97	2000
100 Breast	Lindsay Honkanen	1:06.76	1998	Mark Erickson	58.1	1998
200 Breast	Joanna Zeiger	2:24.73	1988	Mark Erickson	2:06.41	1997
100 Fly	Alison Terry	57.92	1992	Will McLaughlin	49.49	2001
200 Fly	Diana Palma	2:03.78	1986	Bob Cleary	1:52.44	1983
200 IM	Alison Maxwell	2:07.14	1988	Joe Bruckart	1:49.55	1999
400 IM	Alison Maxwell	4:24.74	1988	Roy Berg	4:03.43	1986

Senior Girls

Senior Boys

Event	Name	Time	Year	Name	Time	Year
50 Free	Michele Pauley	27.41	2001	Kyle Oates	22.5	2005
100 Free	Michele Pauley	59.83	2001	Thiago Lazarini	49.40	2001
200 Free	Michele Pauley	2:11.37	2001	Thiago Lazarini	1:43.97	2001
500 Free	Michele Pauley	5:50.5	2001	Thiago Lazarini	4:38.20	2001
1000 Free				Thiago Lazarini	9:34.38	2001
1650 Free				Jon Delmas	17:51.73	2002
100 Back				Thiago Lazarini	58.48	2000
200 Back				Jon Delmas	2:16.88	2001
100 Breast				Kyle Oates	1:01.71	2005
200 Breast				Jon Delmas	2:18.62	2001
100 Fly				Thiago Lazarini	54:59	2000
200 Fly				Thiago Lazarini	1:56.19	2001
200 IM				Jon Delmas	2:03.48	2001