

San Diego Aquatic Club

All Ages C Meet ★ November 6-7, 2010



| Girls | | | | Boys | |
|-------|-----|-------------|-------|------|--|
| B min | Age | Dist/Stroke | B min | | |

Warmup 7:30am Sat Nov 6, 2010 Starts 9:00am

| | | | | | |
|----|---------|-------|----------------------|---------|----|
| 1 | 1:46.10 | 8/U | 100 FREE | 1:42.00 | 2 |
| 3 | 2:56.80 | 9-10 | 200 FREE | 2:56.50 | 4 |
| 5 | 2:37.20 | 11-12 | 200 FREE | 2:37.80 | 6 |
| 7 | 2:28.40 | 13/Ov | 200 FREE | 2:22.80 | 8 |
| 9 | - | 6/U | 25 BACK | - | 10 |
| 11 | 26.60 | 7-8 | 25 BACK | 25.90 | 12 |
| 13 | 44.30 | 9-10 | 50 BACK | 44.20 | 14 |
| 15 | 39.60 | 11-12 | 50 BACK | 40.00 | 16 |
| 17 | 1:21.00 | 13/Ov | 100 BACK | 1:18.00 | 18 |
| 19 | - | 6/U | 25 FLY | - | 20 |
| 21 | 25.60 | 7-8 | 25 FLY | 25.60 | 22 |
| 23 | 41.80 | 9-10 | 50 FLY | 41.60 | 24 |
| 25 | 37.40 | 11-12 | 50 FLY | 37.70 | 26 |
| 27 | 1:17.40 | 13/Ov | 100 FLY | 1:13.80 | 28 |
| 29 | - | 6/U | 25 FREE | - | 30 |
| 31 | 21.70 | 7-8 | 25 FREE | 21.10 | 32 |
| 33 | 37.00 | 9-10 | 50 FREE | 37.20 | 34 |
| 35 | 33.50 | 11-12 | 50 FREE | 33.60 | 36 |
| 37 | 31.90 | 13/Ov | 50 FREE | 30.00 | 38 |
| 39 | - | 6/U | 25 BRST | - | 40 |
| 41 | | 8/U | 100 FREE MIXED RELAY | | |
| 42 | | 10/U | 200 FREE MIXED RELAY | | |
| 43 | | 11-12 | 200 FREE MIXED RELAY | | |
| 44 | | 13/Ov | 200 FREE MIXED RELAY | | |

Warmup 7:30am Sun, Nov 7, 2010 Starts 9:00am

| | | | | | |
|----|---------|-------|---------------------|---------|----|
| 45 | 48.60 | 7-8 | 50 FREE | 47.30 | 46 |
| 47 | 1:21.50 | 9-10 | 100 FREE | 1:21.00 | 48 |
| 49 | 1:12.70 | 11-12 | 100 FREE | 1:12.20 | 50 |
| 51 | 1:09.10 | 13/Ov | 100 FREE | 1:05.00 | 52 |
| 53 | 28.80 | 7-8 | 25 BRST | 28.00 | 54 |
| 55 | 49.80 | 9-10 | 50 BRST | 49.80 | 56 |
| 57 | 44.50 | 11-12 | 50 BRST | 44.80 | 58 |
| 59 | 1:31.00 | 13/Ov | 100 BRST | 1:26.30 | 60 |
| 61 | 2:01.40 | 7-8 | 100 IM | 1:58.20 | 62 |
| 63 | 1:34.40 | 9-10 | 100 IM | 1:34.80 | 65 |
| 65 | 1:24.70 | 11-12 | 100 IM | 1:24.70 | 66 |
| 67 | 2:50.90 | 13/Ov | 200 IM | 2:42.60 | 68 |
| 69 | | 8/U | 100 MED MIXED RELAY | | |
| 70 | | 10/U | 200 MED MIXED RELAY | | |
| 71 | | 11-12 | 200 MED MIXED RELAY | | |
| 72 | | 13/Ov | 200 MED MIXED RELAY | | |

NOTE: 8/U SWIMMERS MAY SWIM ONLY ONE RELAY PER DAY!
SWIMMERS MUST BE SLOWER THAN THE B min TIMES SHOWN.

Entries due
Thursday, Oct 21

DO NOT ENTER RELAYS

Circle event numbers you want
to enter- girls on left side,
boys on right side.

\$5 meet entry surcharge plus
\$3 per event entered will be
charged to your account

Swimmer Name
First/MI/Last
as on USA Swim card

_____/_____/____/

Swimmer Birthdate
Month/Day/Year

_____/_____/____/

Coach

Parent Signature

If you are not receiving
Heartland Update emails please
send an email to
debi4hsa@cox.net