



# March 2010

## Heartland Swimming Association Ramona

Schedule of Events:

• Practice times as follows:

- ✦ Gold Team 3-5 p.m.  
M-F @ SDCE
- ✦ Junior Gold: 5-6 p.m.  
M-F @ SDCE

• We'll need all hands on deck for the Ramona Triathlon Fundraiser. The event will take place from 6:30-11:00 a.m. On Saturday, March 13. Please plan on volunteering.

• Junior Gold Practice Sessions will resume on March 15 from 5:00-6:00 p.m. Monday-Friday at the Country Club Pool.

• The Club House Pool will be closed from March 22-March 29 for annual maintenance.

Monday	Tuesday	Wednesday	Thursday	Friday	Sat./Sun.
1)	2)	3)	4)	5)	6/7) JO Max @ El Cajon Valley H.S.
8)	9)	10)	11) Entries due for FAST 14 & Under A/B/C Meet	12)	13/14) Ramona Triathlon Fundraiser
15) First day of Junior Gold Practice 5-6 p.m.	16) HSA Board Meeting 7:30 @ Grossmont High School	17)	18)	19)	20/21)
22) ----->	23) ----SDCEA Pool	24) Closed----->	25) ----->	26) ----->	27/28) FAST 14 & Under A/B/C @ Fallbrook H.S.
29) -----/	30)	31)			

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